



UPCOMING EVENTS

- Halloween October 31
- Daylight savings time ends November 2
- Remembrance Day November 11
- Winter begins December 21
- Tibbs Eve December 23
- Christmas Eve December 24
- Christmas Day December 25
- Boxing Day December 26
- New Years Eve December 31
- New Years Day January 1

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Forestry Safety Association of Newfoundland and Labrador

FSANL's Health and Safety Conference was held on October 8th here in Corner Brook. Our presenters this year were:

- Jennifer Grimes and Jon Grimes from WorkplaceNL discussed the Return to Work Program and the new changes to PRIME.
- Joseph Bowden from Canadian Forest Service-Atlantic Forestry Centre discussed insect/fire damage and their repercussions.
- Kaitlyn Walsh and Mitchell Goodyear from Newfoundland Power discussed new Mind the Line safety campaign and powerline safety.
- Aaron Jones from WorkplaceNL discussed combustible dust and vapours.
- Dion Newman from the Forestry Safety Association of NL gave an update on FSANL and expressed his appreciation for your continued support. He also talked about a new training matrix application that FSANL is in the process of developing that will be used to keep track of employee training for forestry workers. He also mentioned Aubrey Bird is the new Regional Development Coordinator for Threads of Life. Threads of Life is an organization that provides emotional and peer support for thousands of Canadian families dealing with the heartbreak and chaos caused by workplace tragedy. FSANL will be taking part in the Steps for Life walk next year. Dion also spoke about the need for an industry levy and what FSANL would offer as a part of the levy and it had a positive response.
- Robin Philpott from Terra Forest Strategies Inc. gave an update on the forest industry and encouraged us to work together to help grow the industry.
- Alan MacDonald from Corner Brook Pulp and Paper Ltd. shared his personal injury story and his road to recovery.

FSANL presented various appreciation awards to the following companies:

- St. John Ambulance for their appreciation on their dedication & support of FSANL.
- NL Lumber Producers Association for their appreciation on their dedication & support of FSANL.

FSANL presented the 2024 Safety Champion Award to Blackstar Solutions Inc., who has adopted a great safety culture and continues to do so.

Thank you to Blackstar Solutions Inc., Rugged Edge, Corner Brook Pulp and Paper Limited, and City Chrysler for donating prizes.



We would like to thank our presenters, and all who attended our 13th Annual Safety Conference. Also a big thank you to those for the help and support to make this conference the huge success it was. Thank you to Blow Me Down Cross Country Ski Club and their staff for the timely preparation of food that provided everyone at the conference with an amazing lunch and nutrition breaks and providing the space to hold our annual conference. It is with gratitude we thank each and every one of you.

At FSANL, we would like to extend our appreciation for the amazing support and sponsorship to the Forest Industry Health and Safety Conference for 2025 to those listed.



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Moving Machinery - Pinch Points

What is a pinch point?

A pinch point is a point where a body part can get caught between two objects, one or both of which are moving. These hazardous areas are commonly found in workplaces with heavy machinery, conveyor belts, assembly lines, and power tools.

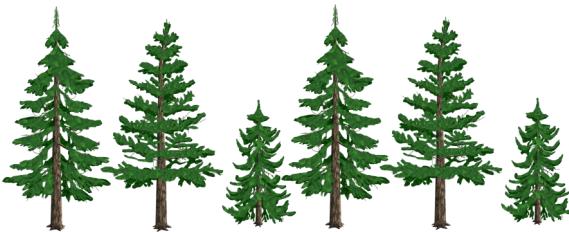
You can also create a pinch point injury without using moving machinery. A few examples include, jamming your finger by closing a door or drawer and even pinching your fingers with a pair of pliers.

How you can avoid pinch point injuries

- Identify potential pinch points before starting a task.
- Do not operate equipment or machinery without their required machine guards,
- Inspect machinery, guards and tools before using.
- Follow manufacturers instructions when using machinery, guards, and tools. Also make sure employees are properly trained before using equipment.
- Avoid shortcuts.
- Wear the proper PPE. Do not wear loose fit clothing.
- Never walk away from a machine that is in use.
- Do not place your hands and feet where you cannot see them.
- Follow lockout/tagout procedures.
- Pay attention when walking or working in areas that have mobile equipment in use.



**Offering Safety
Training Courses
Province Wide!!!**



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FSANL Course Offerings and Additional Services!

- Chainsaw Safety Awareness
- Brush Saw Safety Awareness
- Industrial Chainsaw Safety Awareness
- Power Line Hazard
- OHS Committee Training
- Emergency First Aid (1 Day)
- Standard First Aid (2 Day)
- Wilderness First Aid (3 Day)
- Fall Protection (2 Day)
- Fall Protection Recertification
- Confined Space Awareness
- Lock out/Tag-out
- ATV Safety
- UTV Safety
- Snowmobile Safety
- Baseline Hearing Test
- Qualitative Fit Testing
- Safety Compliance Program
- COR Audit Assistance
- Hearing Conservation Program
- Respiratory Protection Program
- Occupational Health and Safety Manuals
- Return to Work Program (WorkplaceNL)
- PRIME Incentive (WorkplaceNL)

Don't forget to wear the proper safety equipment for the job!



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**Congratulations
Blackstar
Solutions Inc.!**

**2024 Safety
Champion**