



UPCOMING EVENTS

National Day of Mourning...

April 28

Health and Safety Week...

May 6-11

INSIDE THIS ISSUE

Spring Hazards... 2

Course Listings... 4

Community Involvement... 4



Forestry Safety Association of Newfoundland and Labrador

The 13th Annual Forest Industry Health and Safety Conference

In Person Event

Wednesday October 8, 2025

Blow Me Down Cross Country Ski Club 9:00am - 4:30 pm
Registration 8:30am, conference begins at 9:00am

Register Early! Limited Seating Available!
To register for this event, please email admin@fsanl.ca or
call
709-388-0374.

Registration fee is \$60.00 (HST included).
Hot lunch provided!

**Come join us for the awarding for the 2024 Safety
Champion Award.**





Winter to Spring: Hazards

It's that time of year where everyone is looking forward to the warmer weather and the start of longer days. There are some hazards associated with the season change. Here are some hazards:

- Road/weather conditions
 - Frost on the roads, causing slippery conditions
 - Potholes start to form this time of year
 - Reduce visibility caused by fog and rain
 - Heavy rainfall can cause flooding
 - Temperatures tend to fluctuate. In the morning, it's typically cold temperatures and by the afternoon, it's warm out. Which could increase the chance of dehydration and exhaustion.
 - When working outdoors, there is an increased exposure to UV rays.

Tips:

- Take your time while driving and stay alert.
- Dress in layers. When it starts to warm up, you can remove a layer.
- Drink water.
- Wear sunscreen.
- Increase in allergies triggered by pollen, grass and weeds.

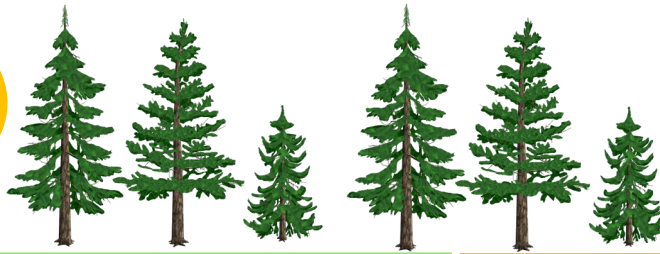
Tips:

- Take non-drowsy allergy medication.
- Wear a respirator/N95 mask when working.
- Increase in insects and wildlife.

Tips:

- Wear insect repellent.
- Wear the proper clothing when working outside to avoid ticks from latching on. Wearing a long sleeve shirt and gloves can help.
- Drive carefully and be alert. Look out for wildlife signage.

Offering Safety Training Courses Province Wide!!!



4 Herald Ave Suite 101,
Corner Brook, NL
A2H 4B4

Office: 388-0374
Cell: 640-5007

dion.newman@fsanl.ca
roma.taylor@fsanl.ca
admin@fsanl.ca

FSANL Course Offerings and Additional Services!

- Chainsaw Safety Awareness
- Brush Saw Safety Awareness
- Industrial Chainsaw Safety Awareness
- Power Line Hazard
- OHS Committee Training
- Emergency First Aid (1 Day)
- Standard First Aid (2 Day)
- Wilderness First Aid (3 Day)
- Fall Protection (2 Day)
- Fall Protection Recertification
- Confined Space Awareness
- Lock out/Tag-out
- ATV Safety
- UTV Safety
- Snowmobile Safety
- Baseline Hearing Test
- Fit Testing
- Safety Compliance Program
- COR Audit
- Hearing Conservation Program
- Respiratory Protection Program
- Occupational Health and Safety Manuals
- Return to Work Program (WorkplaceNL)
- PRIME Incentive (WorkplaceNL)

Don't forget to wear the proper safety equipment for the job!



We're on the Web!
www.nlforestsafety.ca

Follow us on Facebook and LinkedIn!



The Executive Director, Dion Newman, participated in the Canadian Institute of Forestry Curling Tournament to raise money for the Janeway Children's Hospital. \$1,300.00 was raised on the behalf of FSANL.

References

Husqvarna Logo: Canada, H. (2025). *Facebook*. Retrieved from <https://www.facebook.com/HusqvarnaCA/>.