

Forestry Safety Association of Newfoundland and Labrador



UPCOMING EVENTS

- FSANL 14th Anniversary
July 10
- National Forestry Week
September 17 - 23
- 11th Annual Forest In-
dustry Health and Safety
Conference September
27th
- Fire Prevention Week
October 8 - 14

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Message from the Executive Director

It's hard to believe that 2023 is half over. The birds are singing and the flowers have bloomed. Summer in NL is a wonderful time for travelling the province, hiking, fishing and just getting outside. We must keep in mind that even though the weather has warmed up, we still need to dress and pack appropriately for all situations.

A person can still get hypothermia when they are wet in 17 degrees of heat with a light breeze blowing. Please remember that the weather can change and the temps drop rapidly throughout the day. Take adequate clothing and remember to dress in layers.

We also need to consider the effects of ultraviolet rays from exposure to the sun. There are more and more cases of skin cancer or melanoma being diagnosed daily. We need to protect our skin from the sun by applying sun block, covering our heads with a hat, wearing a light covering over our shoulders and wearing sunglasses that provide UV protection.

Now that the weather is getting warmer, working in the heat can be a problem. Remember to drink lots of water and avoid alcohol or liquids containing lots of sugar. When taking your breaks, cool off in the shade and wear loose, lightweight, light coloured clothing, a brimmed hat and sunglasses. Don't forget your sunscreen!

Stay safe!

SAFETY ALERT

Nackawic Mill Located in New Brunswick

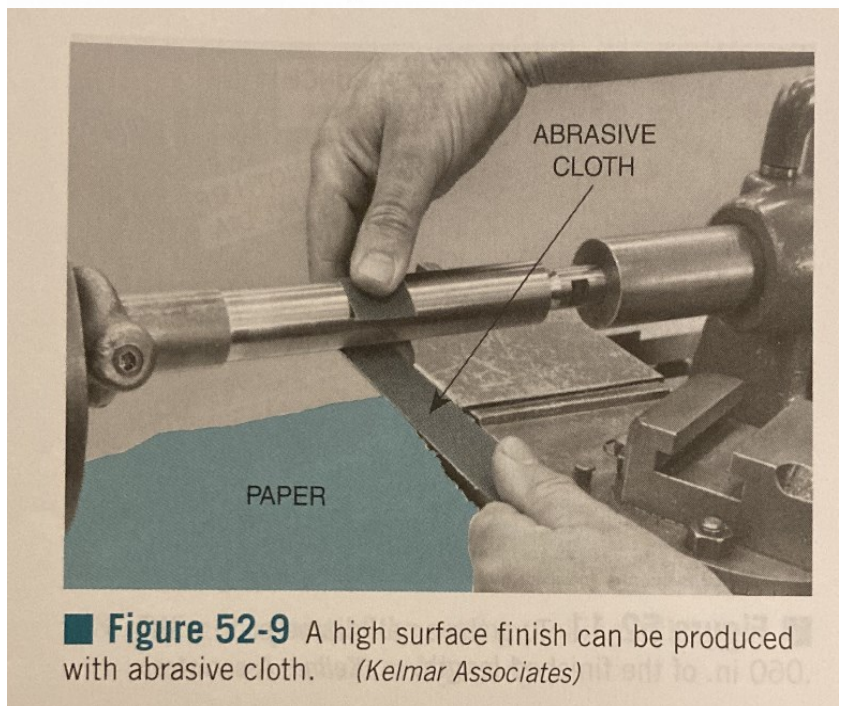
There was a terrible accident that recently happened at the Nackawic Mill. One of the machinist was at the polishing phase of a pump shaft. While using the equipment, the machinist's hand and arm got drawn into the lathe. It resulted in him losing his hand and part of his arm.

The preliminary investigation determined the emery cloth got wrapped around the shaft which pulls his hand into the unit. The tool holder actually prevented his chest from entering the lathe, which saved his life. The employee is doing well as can be expected.

In their investigation, a simple cheap device known as a “sanding belt holder for lathes” could have prevented the employee's injury. The senior machinist at Nackawic Mill never knew that device existed.

Apparently the trade schools today are still teaching students the “old way” of doing this by polishing using their own hands. They are being taught the same way to use sand paper as the employee who got injured.

(Unknown, 2023)



SAFETY MOMENT

Camping Safety

Now that the weather is warmer, people are starting to go camping. Either going to their camper trailer or even just camping out in a tent.

Safety Tips:

- Check the weather before you go camping.
 - *Always bring extra clothes and blankets.
- Pack sunscreen and insect repellent.
- Give wildlife space.
- Keep your campsite clean.
- Check yourself for ticks.
 - *Ticks carry Lyme Disease.
- If you are having a campfire, make sure it is completely out before you go to bed or leave the area.
- Pack extra food and water.
- Let someone you know where you are going camping and around what time you will return home.
- If you plan on hiking, hike in a group.



Stay safe!



**Now Offering Safety
Training Courses
Province Wide!!!**



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FSANL Course Offerings!

Chainsaw Safety Awareness

Brush Saw Safety Awareness

Industrial Chainsaw Safety Awareness

Power Line Hazard

OHS Committee Training

Emergency First Aid (1 Day)

Standard First Aid (2 Day)

Wilderness First Aid (3 Day)

Fall Protection (2 Day)

Fall Protection Recertification

Confined Space Awareness

Lock out/Tag-out

ATV Safety

UTV Safety

Snowmobile Safety

**Don't forget to wear the
proper safety equipment
for the job!**



**We're on the Web!
www.nlforestsafety.ca**

**Follow us on Facebook
and Twitter!**

Don't Forget to Register for Our Conference!

September 27, 2023

Corner Brook Civic Centre 9:00 am - 4:30 pm

Registration is at 8:30am, the conference begins at 9:00am!

Limited Seating!

To register, email admin@fsanl.ca or call 388-0374

Registration fee is \$60.00 for in person and \$25.00 for virtual attendance (HST included)

**This year, our grand door prize is a
Husqvarna Chainsaw!**



References

- Life PNG. (2020). *Find Us on Facebook Icon png hd*. Retrieved from Life PNG: <https://www.lifepng.com/photo/24557/find-us-on-facebook-icon-png-hd/>
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- Unknown. (2023). *Accident at Nackawic Mill*. New Brunswick: Information sent to Cory Chubbs, and Cory sent to FSANL.
- X Corp. (2023). *Twitter*. Retrieved from Google Play: https://play.google.com/store/apps/details?id=com.twitter.android&hl=en_US

