

Forestry Safety Association of Newfoundland and Labrador

## Planning a Safe Hunting Trip

- When hunting, always familiarize yourself with provincial and federal regulations
- Wear orange when hunting as it is important for other hunters to know you are in the area.
- Respect active worksites in your hunting areas.
- Always wear ear protection as shooting without can damage your ear drums. A single blast can cause lasting hearing loss and tinnitus.
- Shoot only at appropriate targets or legal game and avoid hunting from roads
- Always practice safe gun handling.
- Practice shooting skills and be sure your rifle or bow is properly sighted in.
- It is punishable by law to store or transport a loaded firearm on any vehicles including ATV, snowmobile or aircraft
- If you are involved in a firearms-related hunting incident, identify yourself and render assistance. Wildlife phone number is 709-637-2025.

## A list of important things you should carry while hunting and in case of emergency.

- 1. **Water** There are many things you need for survival, but water is definitely the most important one.
- 2. **First Aid Kit** Weather it is just a blister on your heal or a cut with a knife, it is important to have a kit with you at all times. These can come in small sizes but can make a huge impact to a survival situation.
- 3. Rain Gear You want material that will wick away any moisture,
- 4. **Headlamp** Find one that has long run time and alert mode stings for SOS in the event there is an emergency.
- 5. **Food/Snacks** If you want to limit your weight, mixed nuts, jerky and high-calorie protein bars are probably the best choice.
- 6. **Knife** A good knife is important to any hunter's day pack. This is also handy in a survival situation.
- 7. **Water proof matches** You never know what you may need it for. Weather you decide to postcamp for the night, or in case you may get lost and need a fire to stay warm.
- 8. **Toilet Paper** This is essential for everyone, and it also makes for a good fire starter.
- 9. **Time and Location** It is critical for survival to let a family member or friend know your location and time of return.

Forestry Safety Association of Newfoundland and Labrador ..... working together to create a safe work environment for our forest industry!



