

# UPCOMING EVENTS

WorkplaceNL
 Employer statement deadline

 February 28.

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# Forestry Safety Association of Newfoundland and Labrador



We've Moved!! You can find us at our new location at 4 Herald Ave, Suite 300, East Building. We are so excited about our larger newly renovated location. Watch for details of our open house event in January when public health regulations allow.

# Safety Milestone



## 5 Years without a lost time incident!!!

Congratulations to Plant Manager Jaimie Park and the staff at Deer lake Power for reaching 5 years without a lost time incident. That is an awesome achievement considering the type of work they do.

Besides generating electricity they are responsible for a large geographical area which includes the Grand Lake Watershed area, 5 Mile Dam, Corner Brook Lake, the transmission line from Deer Lake Power to Corner Brook Pulp and Paper Ltd and more. These folks go above and beyond to supply green dependable power to the mill and sometimes the province in times of excess power demands.

Pictured above are members of the Deer Lake Power OHS Committee preparing to distribute a token of appreciation from the company for all their efforts. Congratulations from FSANL and keep up the great work. You have set the bar high for others to follow.

### **SAFETY MOMENT**

## Snow Build-Up on Vehicles

Another Canadian winter storm, another generous helping of snow - that means a whole lot of time you'll have to spend brushing the snow off your vehicle.

It is tempting to just clear the windshield, but it is very important to get all the white-stuff off your ride before you venture out for a drive. Not removing all the snow poses a safety hazard to you, your passengers and other road users.

#### For example;

If your headlights and taillights aren't cleaned off, you may not be easily visible to other drivers. That increases your risk of being in a collision.

Not clearing your back window renders the rear-view mirror useless and creates a massive blind-spot.

#### What about that snow on your vehicle's roof that is hard to reach?

It can become dangerous too if, as you are driving along, the motion of driving and the heat from the inside of the vehicle causes it to loosen and slide down onto your windshield.

Even if you are able to react quickly by turning on your wiper blades, thick and heavy snow does not clear easily or quickly. If the snow is heavy enough, your wiper blades may not be able to move at all, creating a lapse in visibility that can have dangerous and deadly implications.

Instead, realize that part of staying safe through a Canadian winter is properly preparing before you leave your parking spot!!!!!!

So, what's the best (and fastest) way to clean off the snow?

- Start by protecting yourself from the elements, dressing in warm layers and wearing waterproof snow boots and gloves.
- Check that your vehicle's tailpipe isn't blocked by snow. If it is, clear the snow, and then start the engine to warm it up. Turn the defroster and fans on to max.
- Once you're outside the vehicle again, start from the top and work your way down. An SUV or van may require the use of an expandable snowbrush or scraper to pull the snow from the roof. Taking one side at a time, work your way around the vehicle until the roof is clear.
- Then clear snow away from the windshield, back window, side windows, mirrors, lights, doors and around the license plate.
- Be sure to clean around the wiper blades and windshield washer nozzles, and test the wipers before you put your ride in drive.

For more information on safe driving, visit www.canadasafetycouncil.org/traffic-safety.

4 Herald Ave
Suite 300, East Building
Corner Brook, NL A2H 4B4
Canada

Tel: (709) 388-0374 Cell: (709) 640-5007 dion.newman@fsanl.ca roma.taylor@fsanl.ca

# We're on the web! www.nlforestsafety.ca Follow us on Facebook and Twitter



Now Offering Safety
Training Courses
Province Wide!!!

FSANL would like to thank ACRC for their continued support and look forward to working with them to reduce injuries in the forest industry.



# Programs offered on a continual basis! Contact us to book your seat in the following courses.

Chainsaw Safety Awareness

Brush Saw Safety Awareness

Power Line Hazard

**OHS Committee Training** 

Emergency, Standard, Wilderness First Aid

Fall Protection (1 or 2 day)

**Confined Space** 

Lock out/tag out

**Environmental Awareness** 

ATV, UTV, & Snowmobile Training

#### Message from the Executive Director

Well its that time of year again when the temperature drops and that white stuff appears and keeps coming and coming and coming. There are lots of people who take to the woods with snowmobiles, snowshoes, skis and the like. Staying safe is important whether you are working in our forests or just out enjoying what nature has to offer.

With the influx of people in the woods naturally there are more instances where we will encounter people in our work-place. Snowmobilers are the big concern during the winter months. Watch out for areas where these machines cross the roadways and proceed with caution where people maybe parked. Take your time on the forest access roads as these machines will travel at high rates of speed down these corridors.

Temperatures fluctuate in many areas of the province and ice conditions may change depending on the body of water, currents and the presence of brooks or streams.

When travelling on ice please ensure to follow your companies safety policy regarding the safe ice travel. If your company does not have one of these policies please feel free to reach out to us and we can provide you with this information.

Let's make sure everyone gets home safe!!!