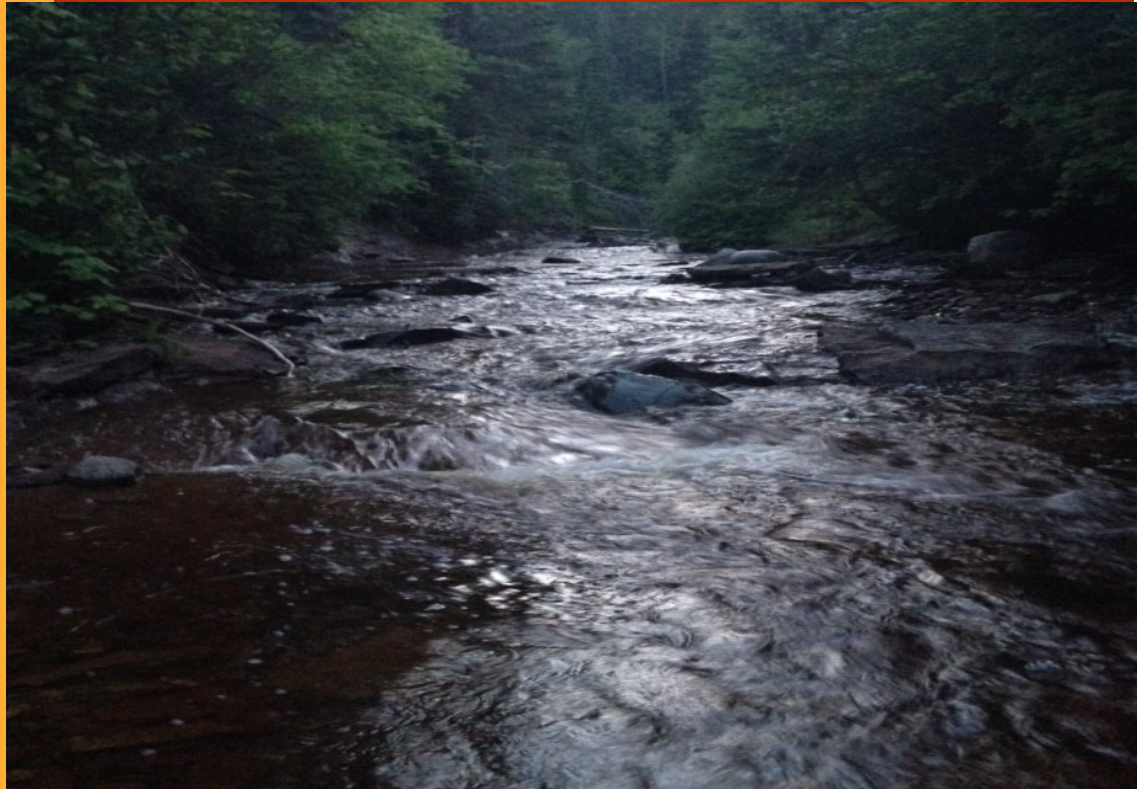


Forestry Safety Association of Newfoundland and Labrador

SUMMER 2020

SPECIAL POINTS OF INTEREST:

- **Canada Day**
July 1
- **Labour Day**
September 7
- **National
Forestry
Week**
September
20-27



INSIDE THIS ISSUE:

Message from the Executive Director	2
Covid-19	2
Safety Moment	3
Training Courses	4
Supporter Recognition	4

Hunting Around Forestry Worksites

Hunting has been a part of our culture for a long time. Each year there are over 28,000 moose and 350 caribou licenses issued in our province. You won't find too many people who don't like a good feed of moose or caribou. These animals are typically harvested with high powered rifles that have the capability to fire a bullet up to 800-900 meters. However, some brave souls will harvest these animals with a bow within 40 meters.

The danger arises when hunters are looking for their winters meat in areas where forestry workers are present. There are reports every year where someone is hunting close to forestry workers and its only a matter of time before someone gets hurt. Most hunters are law abiding safety conscious people. The last thing they want to do is hurt someone. The problem is that our old antiquated laws allow hunters to get too close to forestry workers.

You are not allowed to hunt within 1000 meters of a commercial harvesting operation, but that does not cover any other forestry work. Silviculture, bridge/road building workers, etc... have no protection. Hunters can hunt close to our sawmills as long as they are 300 meters from any building.

It is time for change and time for our forestry workers to have the protection they deserve. They want to take off their own boots at the end of the day. Not have someone else do it for them.

Reach out to your local MHA and to Gerry Byrne, Minister of Fisheries and Land Resources and let them know our regulations need to be changed to protect our workers.

Message from the Executive Director

2020 has been an interesting year here in Newfoundland and Labrador. We witnessed our capital city come to a grinding halt due to enormous amounts of snow during Snowmagedon. We never thought we would see anything like this. Yes we have had large snow storms in the past but that one took the cake.

Then we were struck by Covid-19. We saw this disease starting to show overseas and before you could stack a cord of wood we were seeing cases here in our province. It just goes to show how small this planet really is. There was widespread panic when it showed up here as it came so quickly and we could see other areas who were hit really hard as they did not know how to deal with it.

We have done a great job of flattening the curve thanks to the direction of our public health authority. Our premier said it best, “In the past being on an island had its disadvantages, but now it is to our advantage”.

As we learn how to live with Covid-19 in our province remember to respect other people's personal space and treat everyone you meet with kindness.

My hats off to you in the forest industry as you persevered and continued to work in these challenging times. You continue to show integrity and professionalism in our industry. Thank you.

COVID-19

The COVID-19 illness affects different people in different ways. Most infected people will develop mild to moderate symptoms and recover without requiring medical intervention or hospitalization.

According to the CDC, symptoms of COVID-19 appear roughly 2 to 14 days after exposure, and exposure may include fever (body temperature at or above 38 C), cough and difficulty breathing. As we learn more about the disease new symptoms of unexplained loss of appetite, diarrhea, loss of taste and smell and purple spots on hands and feet have been discovered.

Unfortunately, some people may be infected with COVID-19 without experiencing symptoms. This means that they may unknowingly spread the illness to others.

Please remember to properly social distance and wash your hands. Stay home if you are not well and only go out for necessities.

For more information on protecting yourself from Covid-19 while working in the forest industry visit our website at www.nlforestsafety.ca

We will get through this together.

“In the past being on an island had its disadvantages, but now it is to our advantage”.



FSANL Safety Moment

Insect Safety

We all look forward to the warmer temperatures and being able to work in the woods without all the snow we have during our winter operations. It is much easier to get around and a lot more comfortable to work in.

One issue we face in the summertime of course is insects. All kinds of insects, they are everywhere. Some like the butterfly are nice to observe fluttering around pollinating flowers, while others like the wasp are also pollinating but become very aggressive if disturbed.

Protecting ourselves against insect bites and stings is very important as not only do they itch and are painful but we can also contract disease's from them.

Mosquito bites are itchy and have raised bumps at the location of the bite. Mosquitos can carry the West Nile virus, malaria and other illnesses that can be harmful to humans. Once bitten you can use a product called After Bite which relieves the itch or you can also use hand sanitizer on the site which does the same thing. To prevent the bite in the first place cover exposed skin with the appropriate clothing applicable to the work you are doing. Use insect repellent that wards off mosquitos. There are many different things from citronella to insect spray. Studies show that the best working agent for repelling insects are repellents with a chemical called Deet. Find the repellent that works best for you. Avoid leaving windows and doors open to prevent insects from getting into your vehicle or building.



Ticks are very abundant in our province. They are of major concern as they can carry Lyme disease. This disease can cause many different adverse health affects if you are bitten and not treated. Ticks are found on long grass, leave piles, branches, etc. The tick will grab onto the clothing or fur of a warm body and crawl to the skin surface and embed itself into the skin.



If you find the tick partially embedded into your skin you can use a tick removal tool or a pair of tweezers and gently remove it without crushing or breaking off a part of the tick in your skin. If the tick is completely embedded into your skin you will see a bullseye rash on the surface of the skin. Cover the area with Vaseline and the tick will crawl back out onto the surface of the skin. Take the tick in a container and go the hospital and get checked for Lyme disease. To prevent tick bites wear light colored clothing, tuck your pants into your socks and check your clothing and pets when you go back inside.



Wasps & Hornets are a cause for concern as the sting is very painful and you are usually dealing with multiple insects when a nest has been disturbed. You will find wasp nests under tree branches and hornets will sometimes burrow and build a nest in the ground. Once the nest is disturbed the insects become very aggressive and will attack and sting whatever is in the immediate area.

Wasps and hornets will sting multiple times and inject small amounts of toxins with each sting. Besides the pain caused by the stings those who suffer from anaphylaxis will require an auto injector and have to be taken to the hospital immediately. The auto injector will keep the airway open for 10-15 minutes. If first aid is not administered immediately this person will die.



Now Offering Safety
Training Courses
Province Wide!!!

Programs offered on a continual basis!

Contact us to book your seat in the following courses.

Chainsaw Safety Awareness

Brush Saw Safety Awareness

Power Line Hazard

OHS Committee Training

Emergency, Standard, Wilderness First Aid

Fall Protection (1 or 2 day)

Confined Space

Lock out/tag out

Environmental Awareness

ATV, UTV, & Snowmobile Training



**Don't forget to wear the
proper safety equipment
for the job!**

We're on the web!

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