



UPCOMING
EVENTS

- Good Friday April 2
- Easter Sunday April 4
- May Long weekend
May 24
- FSANL Virtual
Conference
September 2021
- National Forestry
Week September
19-25,2021

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Forestry Safety Association of Newfoundland and Labrador

FSANL Virtual Conference

We are pleased to announce that we will be having a Virtual Health and Safety Conference during National Forestry Week September 19-25, 2021. Our online event will feature special guest speakers and some great prize giveaways!!! This year where it will be virtual we are looking at a half day schedule. Keep checking our website www.nlforestsafety.ca for updates and your chance to book your seat.

National Forestry Week September 19-25, 2021

Established circa 1920 as Forest Fire Prevention Week, the intention was to encourage greater public awareness towards Canada's forests. At the time, there was no apparent shortage of trees for industrial expansion – the greatest threat came from forest fires, due mainly to human causes. Since then National Forest Week, as it was renamed in 1967, has evolved to encompass the many and varied human and environmental aspects of Canada's forest resources – past, present and future. Although special activities are promoted across Canada, NFW remains first and foremost a challenge to individual Canadians to learn more about their forest heritage and support greater recognition of this valuable resource.

This years theme is "Our forests-continually giving". Visit www.cif-ifc.org to learn more about National Forestry Week and how you can plan activities in your area.

AWARDS

FSANL was pleased to be awarded the Dave Sharpe Memorial award by the CIF-NL Section. We could not be more honoured to be considered for this award.



Roma Taylor and Dion Newman accepts the award on behalf of FSANL



Joe Bowden Chairperson of CIF-NL Section presents Len Moores with the CIF Tree of Life Award.

Safety Moment

How do we identify and treat eye injuries?

Eye injuries create an extreme level of anxiety for the injured person. If we think our sight has been damaged in any way stress levels increase dramatically and the casualty can become difficult to help. It is important for everyone to remain calm, assess the situation and give the appropriate response. Cuts to the eyelids bleed profusely and will cause panic. Sometimes it can be difficult to determine there is an eye injury based upon the situation.

Signs and Symptoms of an Eye Injury

Pain in the eye, trouble opening the eye, or difficulty seeing.
 Blood in the white part (Sclera) of the eye.
 Damaged eyelid.
 Embedded object.
 Object stuck to the eye.
 Both eyes not moving the same.
 Redness of the eye.
 Something under the eyelid.
 Unusual pupil shape or size.
 Eye is bulging.

Inspection

To check for an object, have casualty sit down, pull out bottom eyelid and have them look up. Do the same for the upper lid and have them look down. You can also shine a light across the eye to cast a shadow to identify where the particle is located.

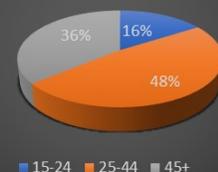
Treatment

The eye is a very delicate organ, and any injury should be assessed by a doctor. Even when we think its minor we may have scratched or damaged the eye.
 Do not rub or apply pressure to the eye.
 Contact with chemicals require 15 minutes of continuous flushing with clean water.
 Never try to remove an embedded or object stuck on the eye.
 If particle is not stuck to the eye, we can use a tissue to gently remove it.
 Never touch the colored (Iris) part of the eye.
 Never administer medication or ointments to the eye.
 Place loose padding over the eye if required and transfer to the medical help.

Top 10 Reasons for Eye Injury in NL 2015-2019

24.0 % Metal chips, particles
12.9% Scrap, waste, debris
10.5% Dirt particles
3.8% Bodily fluids or substances of person
3.5% Chips, particles, splinters
2.2% Cleaning and polishing agents
2.0% Chemicals and chemical products
1.8% Branches, limbs
1.5% Welding and heating hand tools-

NL Eye Injuries by Age Category



Message from the Executive Director

Its that time of year again when the clocks have “sprung forward” giving many of us that spring feeling where we can’t wait to get out and enjoy the fresh air. For some reason the air just smells fresher in the spring time. We have been fortunate this past winter with less than normal snowfall amounts. For the avid snowmobilers yes, the winter had a slow start but give us a break. I’m sure we will have snow up to our arm pits next year as we typically do.

There are a lot of people out hauling their wood in preparation for next year. Please be careful and always wear the appropriate safety gear. Remember Kruger firewood permits expire at midnight April 30, 2021 and new permits are required October 1st.

I will be out depending on Covid-19 restrictions visiting some of our members again this year. Please remember we are here for you. If you need advice or clarification on the OHS regulations or best practices we are only a phone call or an email away. If you require safety training, we offer courses province wide.

We are going to have a virtual conference this year. As we are unsure of what the pandemic has in store for us in 2021, this gives the opportunity to connect with you again. (Keep checking our website for more details). Even though our annual conference is a tremendous amount of work I really missed not having it last year. I enjoy speaking with you at the venue, and listening to the presentations. You have really helped FSANL grow over the last 11 years and I can’t thank you enough for your support. Together we are making our industry a safer place. As long as we continue working together and pushing the bucksaw in the same direction we will get to no lost time incidents and zero injuries. I know we can do it. We just have to dig a little deeper and focus a little more. There is no excuse for doing a job in an unsafe manner.

I tell all my classes when I teach, when you get up in the morning you put your boots on to go to work. If someone else is taking your boots off for you, something has gone terribly wrong. Its either a paramedic or a nurse removing your boots or worse yet a funeral director. This is not the outcome we want. Always take time to do the job safely. Taking shortcuts could take your time for eternity!!! You have 3 rights as a Canadian worker, the right to know, participate and refuse. If needed, use them. Its your right. Ensure you share this with your children who are working part time and summer jobs while in school. In 2019 the NL LTA rate provincially was 1.6/100 workers. Young workers aged 16-24 was 1.8/100 up from 1.6 the previous year. We tell our children to go to work and “do what you’re told”. We need to make sure they know they can refuse something that is unsafe.

We are working on some material for the reduction of eye injuries. We are pleased to be working with the CNIB on this project. They will be giving a presentation at the virtual conference this year.

Please remember as you enjoy your activities to keep safety as your first priority. Obey all rules and regulations related to your activity and please be sure to wear all appropriate safety gear required. Have fun, be safe and keep the sawdust out of your boots.



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