



# Forestry Safety Association of Newfoundland and Labrador

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As we have witnessed from the fire in Fort McMurray and the fires that currently burn out in western Canada, fire can devastate a community. We have witnessed entire city blocks be reduced to nothing. We need to have a plan in place to deal with these emergencies. Planning is the key to prevent things like this from happening.

People living in forested areas need to be aware of the wildfire threat and ways they can take action to make their home and community become "FireSmart."

The following tips will help you to reduce the risk of your home property from the ravages of a wildfire;

1. Remove debris such as leaves, twigs and needles from around the house and under decks.
2. Keep lawns mowed and irrigated.
3. Enclose decks with non-combustible materials to discourage the collection of debris and embers.
4. Keep firewood piles and other items stacked at least 10 meters from the house, especially during wildfire season.
5. Ensure a clean, fire-resistant roof and clean eaves.
6. Enclose soffit and vents to ensure embers cannot enter.
7. Ensure trees and shrubs are pruned, branches do not contact the home and they are not connected to the surrounding forest - minimum 3 meters between it and the forest.
8. Don't forget to consider any buildings or fences within 10 meters of the home and take steps to FireSmart them as well.

For more information on becoming a FireSmart Community see the following link:  
<https://www.firesmartcanada.ca/firesmart-communities/provinces/newfoundland-labrador/>



“Submit  
Annual  
Employer  
Statements by  
February 28.”

## PRIME Rebate Information

Do you like to save money and have a healthier, safer workplace?

Under PRIME, employers can lower their assessments by meeting their PRIME Practice Requirements and by managing their claims costs.

The **PRIME Practice Incentive** rewards employers who have good occupational health and safety and return to work practices in place. Employers can receive a 5% Practice refund on their average assessments by meeting their Prime Practice Requirements.

The **PRIME Experience Incentive** rewards employers based on their claim cost experience. Employers with low claim costs can receive an Experience refund, while employers with high claim costs may receive an Experience charge.

Employer categories are as follows:

**NCRR - No Committee or Representative Required.** At each worksite you employ less than 2 workers and pay less

than \$48,000 in average assessments.

**Small Employer** - At each worksite you employ less than 10 workers and pay less than \$48,000 in average assessments.

**Medium Employer** - At one or more worksite (s) you employ 10 or more workers and pay less than \$48,000 in average assessments.

**Large Employer** - At one or more worksite (s) you employ 10 or more workers and pay \$48,000 or more in average assessments.

In order to qualify for your Practice Incentive this is what you need to have in place for your employer category.

**NCRR** -Policy statements and injury reporting system.

**Small Employer** -Policy statements, injury reporting system, Worker health and Safety rep or designate.

**Medium Employer** - Policy statements, injury reporting system, OHS Committee, and a safety program.

**Large Employer** -Policy statements, injury reporting system, OHS Committee, safety program, and a Early

and Safe Return to Work program (ESRTW).

The Experience Incentive works by comparing all employers PRIME claim costs to their expected range of injury costs.

**To succeed under PRIME follow these tips.**

Prevent injuries before they happen.

Know and meet all the PRIME practice requirements that apply to your organization.

Answer all questions in your Annual Employer Statement package.

**Submit Annual Employer Statements by February 28.**

Submit OHS committee meeting minutes on time, if required.

Manage claims effectively so that PRIME costs are as low as possible.

Participate in all available early and safe return to work options.

For more information on PRIME contact FSANL or WorkplaceNL directly.

# Message from the Executive Director

The snow has finally stopped and summer is in full swing. The birds are singing and the flowers have bloomed. Summer in NL is a wonderful time for travelling the province, hiking, fishing and just getting outside. We are finally able to shed the snowsuits and enjoy the weather. We must keep in mind that even though the weather has warmed up we still need to dress and pack appropriately for all situations.

A person can still get hypothermia when they are wet in 17 degrees of heat with a light breeze blowing. Please remember that the weather can change and the temps drop rapidly throughout the day. Take adequate clothing and remember to dress in layers.

As well we need to consider the effects of ultraviolet rays from exposure to the sun. There are more and more cases of skin cancer or melanoma being diagnosed daily. We need to protect our skin from the sun by applying sun block, covering our heads with a hat, wearing a light covering over our shoulders and wearing sunglasses that provide UV protection.

Forestry workers are exposed to a variety of hazards throughout their daily tasks. They need to be ready for all situations and take special precautions in order to perform their work. Besides dealing with the heat and cold they have to deal with mosquitoes that may potentially be carrying West Nile virus. As well, ticks have been confirmed on the island and so has Lyme disease.

Dehydration is also another major issue that a forestry worker must contend with. Remember to plan ahead to ensure an enjoyable work day. Be safe out there.

## Benefits of FSANL Membership

I would like to take a moment to share with you the benefits of being a member of FSANL.

By being a member you have access to all health and safety information that the Association has. If you have questions you can call or email us at any time. If we don't have the immediate answer we can get it for you from one of our board of directors representatives. FSANL'S board has representation from the following groups;

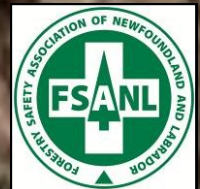
WorkplaceNL, OHS Inspection Division, Department of Fisheries and Land Resources, NL Federation of Labor, NL Employers Council, Corner Brook Pulp & Paper Ltd, NLLPA, Unifor Local 60N, UBC Local 579, Deer Lake Power, Harvesting Contractors Rep, and IAMAW. As you can see there is tremendous support behind the Association and it is available to you as a member.

In addition, as a member you are entitled to discounted rates for all safety training courses that we offer. You will not find cheaper rates anywhere.





**Safety  
Is  
Good  
Business  
Plain and  
Simple**



Now Offering Safety  
Training Courses  
Province Wide!!!

**Programs offered on a continual basis!**

**Contact us to book your seat in the following courses.**

Chainsaw Safety Awareness	Fall Protection (1 and 2 day)
Brush Saw Safety awareness	Power Line Hazards
ATV, UTV, Snowmobile, Driver Training	Environmental Awareness
OHS Committee/Representative	Safety for Supervisors (2 day)
Transportation of Dangerous Goods	Emergency, Standard, & Wilderness First Aid
WHMIS 2015	Certificate of Recognition (COR)



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**We're on the web!**  
[nlforestsafety.ca](http://nlforestsafety.ca)



**Don't forget to wear the  
proper safety equipment for  
the job!**