

# Forestry Safety Association of Newfoundland and Labrador

ISSUE 2

SPRING 2019

## SPECIAL POINTS OF INTEREST:

- **FSANL**  
Health and  
Safety Con-  
ference  
April 17,  
2019  
8:30am -  
4:30 pm
- **FSANL**  
AGM April  
17, 2019  
4:30 pm

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## 2019 Forest Industry Health and Safety Conference

When: April 17, 2019

Registration begins 8:30 am

Where: Corner Brook Civic Centre

FSANL Annual General Meeting to follow Conference

**Hurry limited space available!**

Thanks to our Platinum & Gold Sponsors



Registration \$60  
Students \$40  
HST Included



This years conference is shaping up to be one of the best ones yet. We have presentations on workplace mental health, cannabis use in the workplace, protecting your home and cottage against wildfire and a personal injury story from a former for-

estry worker.

Registration begins at 8:30 am and the conference will start at 9:00 am. A hot lunch will be provided.

We will be awarding the 2018 FSANL Safety Champion award

and the FSANL AGM will follow the conference.

FSANL would like to thank all of our sponsors and those who have worked diligently to make this conference a huge success. Register soon as there is limited seating left.

# Message from the Executive Director

**“Spring is the time of year we all look forward too and start coming out of hibernation.”.**

Old man winter is still trying to hang on but now that day light savings time has started and there are more sunlight hours, he knows his time is limited.

Spring is the time of year we all look forward too and start coming out of hibernation. With the change in seasons there are some special considerations we must think about.

One important thing to consider is that bears begin to come out of their dens and are very hungry and will be looking for food. These animals are very dangerous and should be avoided.

Snow conditions begin to change and with that we get

what some of us refer to as rotten snow. It is difficult to walk around and we can easily get stuck in the snow.

We will have some warm days but we always have to remember that the temperatures change very quickly. We need to assure we have the right clothes to meet the conditions. Dressing in layers is important and having a moisture wicking layer next to the skin is beneficial.

Using winter roads for harvesting operations become a little more tricky and we have to resort to trucking at night time because of the lower temperatures. We have to consider the environmental

impacts as well when we are travelling across sensitive areas to harvest.

Wood stored at roadside has large amounts of snow underneath and becomes unstable as it melts. Piles have to be checked and may have to be moved or restacked before trucking to prevent fall over.

Now that the weather is starting to warm we see an increase of activity in the woods as people are cutting their firewood for next year. Also trying to get that last ice fishing trip in before the thaw.

All of these things and so much more pose hazards on our operations and we have to make safety our first priority.

## FSANL 10 Year Anniversary

FSANL is pleased to announce that this year marks our 10 year anniversary. This is a very exciting time for FSANL and we could not have reached our 10 year milestone without the support of the board of directors. FSANL has grown tremendously and we have hired a safety administrator to help meet the needs of our members.

FSANL will be holding a celebration this July to mark our 10th anniversary. More info will be in our next newsletter. Watch for the FSANL mobile training unit in your area and stop by for a visit.

**“FSANL 10th anniversary July 10, 2019”.**





**TOOLBOX*****Spring Weather Conditions***

When daylight hours become greater and temperatures rise, surface runoff becomes a factor. Snow and ice packed surfaces soon become very difficult to travel or in worst case scenarios, impassable.

Regardless of the best efforts of crews, spring conditions put a huge set back on operations. Brooks and rivers begin to swell and there is a major concern for flooding and washouts.

Most importantly, we become very susceptible to accidents during this time of year!

**TOOLBOX*****Spring Ice Safety***

During spring ice on ponds and lakes begin to melt and become soft and more dangerous.

***If you happen to fall through the ice***

- Call for help.
- Resist urge to climb back out of where you fell in (Ice is weak in this area).
- Get into a floating position on your stomach.
- Reach forward onto broken ice without pushing down & kick legs to push torso on the ice.
- When on the ice, crawl on your stomach or roll away from open area with your arms and legs spread as far as possible to evenly distribute your body weight.
- Do not stand up! Look for shore – Go in the right direction!

***When you are With Others On Ice***

- Call for help - get help from trained professionals (police, fire fighters or ambulance) or bystanders.
- Can you reach the person using a long pole or branch? – if so, lie down and extend the pole to the person.
- If you go onto ice, wear a PFD and carry a long pole or branch to test ice in front of you.
- Bring something to reach or throw to the person.
- When near the break, lie down to distribute your weight and slowly crawl toward the hole.
- Remaining low, extend or throw your emergency rescue device to the person.

Now Offering Safety  
Training Courses  
Province Wide!!!

### Programs offered on a continual basis!

Contact us to book your seat in the following courses.

Chainsaw Safety Awareness

Brush Saw Safety Awareness

Certificate of Recognition (COR)

Power Line Hazard

OHS Committee Training

Safety for Supervisors (2 day)

Lock out/tag out

Fall Protection (2 day)

Emergency, Standard, and Wilderness First Aid

ATV, UTV, & Snowmobile Training

Environmental Awareness

Transportation of Dangerous Goods

WHMIS 2015

Trenching and Excavating



**Don't forget to wear the  
proper safety equipment  
for the job!**

**We're on the web!**  
[nlforestsafety.ca](http://nlforestsafety.ca)

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## Kruger Firewood Permits

FSANL is pleased to announce that we now issue firewood permits for Corner Brook Pulp & Paper Ltd on Kruger managed limits.

In order to get your permit please call the office at 388-0374 or email [roma.taylor@fsanl.ca](mailto:roma.taylor@fsanl.ca)

The permit expires on May 1 2019.

Next permit season will begin October 1, 2019 and you will be able to apply and pay for your permit online at the FSANL website.

Please be sure to wear all the appropriate PPE when using your chainsaw.