



### SPECIAL POINTS OF INTEREST:

- **FSANL 10th Anniversary** keep checking for updates
- **National Forestry Week** September 22-28

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# Forestry Safety Association of Newfoundland and Labrador

## Health and Safety Educator of the Year Award for 2018-2019



left to right...**Brian Delaney** (Executive Director, Employer Services-WorkplaceNL) - **Gerald Ford** (OHS3203 Teacher-Corner Brook Regional High) - **Chris White** (Regional Operations Manager-WorkplaceNL)

FSANL would like to take the opportunity to congratulate Gerald Ford for being awarded the "Health and Safety Educator of the Year for 2018-2019".

Mr. Ford has gone above and beyond in his preparation for teaching the OHS 3203 course to his students. Mr. Ford has completed several safety certifications on his own time to be able to have the background to instruct his students.

Mr. Ford realizes he is probably the first point of contact regarding safety that his students will encounter and he takes that very serious. His passion for safety is evident in his teaching and his students can see he genuinely cares for their safety as well.

Our hats are off to you Mr. Ford on your great achievement and FSANL looks forward to offering our continued support to you and the OHS 3203 program in any way we can.

## New at FSANL Fall Protection Competent Inspector Gear Inspections

FSANL has been certified by Technical Rope and Rescue to be able to conduct competent inspector inspections on fall protection equipment. If you require inspections on your fall protection equipment give us a call (709) 388-0374 to arrange an inspection of your gear.



## 2019 Health and Safety Conference

I would like to take this opportunity to thank all of those who took time out of their busy schedules to attend our 8<sup>th</sup> Annual Health and Safety Conference. It was great to see so many people out for an exceptional day. I would like to thank all of our sponsors for your support. It is greatly appreciated. I would like to thank our speakers for your time and great presentations. As well a special thanks to all of you who have travelled to spend the day with us. A special thanks to Unifor for their support and to Local 60N for supporting the event. A huge thank you goes out to Roma Taylor our FSANL support staff person. She has spent many hours organizing, planning, printing, checking and double checking the fine details.

David Legge from WorkplaceNL spoke about emerging trends in health and safety for the forest industry. David informed us that the loss time injury rate has gone from 1.0 to 2.0 per 100 workers. This is of great concern for FSANL and we will continue to work with the industry to reduce this number to 0.

Jane Eustace from WorkplaceNL spoke to us about cannabis use in the workplace and shed light on some of the misconceptions and what we can do to deal with these situations.

Jade Kearley from the Community Mental Health Initiative presented on mental health, the warning signs and how we can help someone in need. There are a lot of resources out there and people need to know how to access them and that it is ok to reach out.

Bill Dawson from the Forest Industry Association gave a presentation on what is happening in the industry and some of the new initiatives on the horizon for forestry in the province.

Joe Russell from the Department of Fisheries and Land Resources gave a presentation on wildfires and how they interact with urban interfaces and what we can do to protect our homes and cottages from wildfire.

Richard Paddock a former forestry employee spoke about his personal injury story and how it affected the rest of his life. He spoke about the incident, his experience with early and safe return to work, going through workers compensation and his re-training to become a pastor with the Pentecostal Assemblies of Newfoundland and Labrador. Mr. Paddock is now a minister in Postville Labrador and travelled to Corner Brook to share his story with us.

I would also like to send a big thank you out to Kristen Bromley Occupational Health Nurse at Corner Brook Pulp and Paper Ltd for coming out and checking blood pressures and sugar levels of our conference attendees. Thank you so much for your attendance.



Throughout the year FSANL has the great pleasure to work with people and organizations who go above and beyond to advance safety in the forestry sector. FSANL believes that these organizations should be recognized for their commitment to safety. In keeping with that spirit FSANL has created a safety champion award that is given to some individual or organization that goes above and beyond in regards to safety. NL Power has been chosen as the FSANL Safety Champion for 2018. NL Power has demonstrated that safety is number one on each and every job. Tremendous amounts of effort and resources have been put into a public awareness campaigns to educate the public on the dangers of power lines. NL Power has also partnered with various organizations including FSANL to form a contact prevention working group to help prevent power line contacts in the province. (left to right Mick Ellsworth Manager of Operations, Dion Newman FSANL Executive Director, Bernice Whalen Customer Service Supervisor and Peter Feehan Director of Operations NL Power)



FSANL works hard to meet the needs of our members and provide the supports they need. Being a not for profit association we rely on sponsors and support from other organizations to help us achieve this. Rideout's Tool and Machine has stood by FSANL for a number of years now. The management and staff in both the Corner Brook and St. John's locations have been actively supporting FSANL in various capacities. Without this type of support our job would be more difficult. In recognition of their efforts FSANL presented Rideout's Tool and Machine with an appreciation award for all they have done. Here Cory Sheppard, Sales Representative from Rideout's Tool and Machine accepts the award from Dion Newman FSANL Executive Director.



## NL Sportsman's Expo



The 2019 Newfoundland and Labrador Sportsman's Expo was a huge success this year. The event was held at the Paradise Double Ice Complex in Paradise NL. There was another huge turn out again this year with something for people of all ages. This event gets bigger each year and FSANL would like to thank Leslie-Anne Corrigan and her staff on another great weekend.

FSANL had the pleasure of speaking with hundreds of people about chainsaw safety during the weekend long event. There are still people out there that use chainsaws and do not know about the safety gear that's available. Please if you know someone who uses a saw without the safety gear tell them about it and its importance. We have lots of information on our website or you can call us directly (709) 388-0374. Their life depends on it.

FSANL held a draw for a complete set of chainsaw safety gear at the end of the weekend and we would like to congratulate Ezekiel Warren for winning the prize pack.

## Message from the Executive Director

It's hard to believe that 2019 is half over. It has been a very busy 6 months for FSANL. The annual health and safety conference was held in April of this year and was a great day spent with members of the forest industry. We will be on the move this summer out visiting our members and asking you how can we best help you. Our door is always open and we are only a phone call or email away. Both Roma and myself are more than happy to speak with you about any topic.

This is an exciting year as it's FSANL's 10 anniversary!!! We will be celebrating during National Forestry Week September 22-28. Stay tuned for further details as they become available.

I would also like to give a shout out to Colin Legrow and his team at Technical Rope and Rescue for all your help and assistance helping me prepare for my fall protection and confined space trainer assessments. Top notch quality instruction and professionalism from each and every staff member. I look forward to working with you in the future.

FSANL is in the process of revamping our website to make it more secure and user friendly. We are constantly adding new content and ask that you send in any safety news or alerts that we can share with our membership. Safety is like anything else, communication is the key to success. It is not meant to be held close to your chest but shared with everyone. The more information we share and get out to the industry the safer it will be.

As we approach the summer season please remember to take your time, evaluate the job at hand and ensure safety is the first consideration. People in the forest industry work hard and we play hard. Please be careful out there.



## Words of Wisdom

### Summer Safe Driving Tips

There are two things you can bank on when driving summer time: traffic (and lots of it) and a heavy police presence on the roads watching out for drivers who are impaired, distracted, behaving aggressively, or not wearing their seat belts.

Here are some safe driving tips that will help keep you and your family safe.

1. If there is a collision on route, give emergency personnel the space they need. Slow down and move over when passing stopped police, ambulance, fire trucks, or tow trucks with flashing lights on; it's the law and comes with hefty fines.
2. Be patient because there will be traffic. Driving aggressively—speeding and tailgating—will only improve your chances of, at best, getting a ticket and, at worst, causing a collision.
3. Don't drive distracted. Put your phones on "Do Not Disturb," let your passengers select the music, and if you get peckish eat at a rest stop.
4. Budget time on your road trip for at least one rest stop to stretch your legs.
5. Leave a safe distance between you and the car ahead of you.
6. Always signal before you change lanes.
7. Don't drive while under the influence of alcohol or drugs. Always have a designated driver if you've partaken in either.
8. As much as you might plan and prepare to get to where you want to go, don't forget to do the same for the return home.

This summer take care when getting to where you want to go because it's about more than just keeping your car insurance rates low, it's about arriving at your destination safely. - **Cory Chubbs CRSP, Safety Manager Corner Brook Pulp & Paper Ltd**

**Be Safe!**

Now Offering Safety  
Training Courses  
Province Wide!!!

### Programs offered on a continual basis!



Fall Protection (1 and 2 day)

Power Line Hazards

Environmental Awareness

Safety for Supervisors (2 day)

Emergency, Standard, & Wilderness First Aid

Certificate of Recognition (COR)

Chainsaw Safety Awareness

Brush Saw Safety awareness

ATV, UTV, Snowmobile, Driver Training

OHS Committee/Representative/  
Designate

Confined Space Entry

**Safety  
Is  
Good  
Business  
Plain and  
Simple**

10 Main Street  
Suite 202  
Corner Brook, NL A2H 1B8  
Canada

Tel: (709) 388-0374  
Cell: (709) 640-5007  
dion.newman@fsanl.ca  
roma.taylor@fsanl.ca

**We're on the web!**  
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**Don't forget to wear the  
proper safety equipment for  
the job!**