

Forestry Safety Association of Newfoundland and Labrador

VOLUME 1, ISSUE 1

WINTER 2018

SPECIAL POINTS OF INTEREST:

- **PRIME** refund deadline
February 28
- **FSANL AGM**
April 10
- **FSANL Meet & Greet** April 10
- **FSANL Conference**
April 11



FSANL Health and Safety Conference

FSANL is pleased to announce the **7th Annual Health and Safety Conference** in partnership with and Unifor Local 60N.

Come and join us at the Glynmill Inn on April 10 at 6:00 pm for our Annual General meeting.

Our “Meet & Greet” will follow the AGM from 7:00– 10:00 pm with the announcement of the FSANL 2017 “Safety Champion” .

The Conference will take place at the Corner Brook Civic Centre on April 11 from 8:30 am

to 4:30 pm.

Register early as seating is limited.

Hot lunch is provided.

\$50.00 + HST per person

\$35.00 + HST per student

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NEW FSANL SPONSOR



We are pleased to announce that Husqvarna

Canada has become a major sponsor of the Forestry Safety Association of Newfoundland and Labrador (FSANL).

Husqvarna Canada believes that safety is the number one priority when

working with forestry tools and equipment in any application.

Husqvarna has generously donated the chainsaws and safety equipment used in FSANL’s chainsaw safety programs so we can continue the important work of promoting safety in our forest sector.

By partnering with industry leaders such as Husqvarna

Canada it allows FSANL (a not for profit association) to focus on what matters most, keeping people safe.

“Safety is good business, Plain and simple” is not just FSANL’s motto but what we live by and we really appreciate Husqvarna Canada helping us to spread this important message.



“It only takes a second to get caught in a piece of equipment and yes it can happen to you”.

**Safety Is
Good
Business,
Plain and
Simple**

Burton’s Cove Logging and Lumber Lock Out Tag Out Initiative

Working around energized equipment poses a severe hazard to all workers. The injuries can range from a small cut or bruise to amputations and even death. Maintenance (preventive or repairs), making adjustments and removing jams are some of the reasons people reach in or get into equipment that is not properly locked out. They put themselves in harms way without properly locking out equipment because of the “it can’t happen to me” or “it will only take a second” mentality. It only takes a second to get caught in a piece of equipment and yes it can happen to you.

Unfortunately, too many people are injured and killed each year as they fail to recognize the hazards involved with working on equipment not properly locked out or they blatantly disregard them.

When it comes to lock out procedures a lot of people are intimidated by the

thought of putting a program in place and others may overlook an important step. That is why FSANL completed a pilot project with Burton’s Cove Logging and Lumber (BCLL) to create a generic lock out program for a sawmill and then make it available to the whole industry. Sawmills can then take the program and tailor it to their operations. BCLL is now in the final stage of implementing their program. FSANL is pleased to have had the opportunity to work with BCLL to complete this very important project.

In order to have a lock out program for your mill use the following steps to help you get started.

If you require any assistance please feel free to contact FSANL at any time.

Steps to build your LOTO program

- Identify need for procedures.

- Do audit on mill to identify what work is needed. (Guarding, energy sources, labeling equipment, etc.)
- Complete work from audit.
- Write LOTO procedures.
- Develop training program. (Written procedures, Power-Point)
- Purchase equipment needed. (Locks, scissors, tags, etc.)
- Train workers.
- Do regular audits to ensure procedures are being followed and any problems in the system are identified and corrected.

Benefits of being a FSANL member

By being a member you have access to all health and safety information that the Association has. If you have questions you can call or email us at any time. If we don’t have the immediate answer we can get it for you from one of our board of directors representatives. FSANL’S board has representa-

tion from the following groups;

WorkplaceNL, OHS Inspection Division, Department of Fisheries and Land Resources, NL Federation of Labor, NL Employers Council, Corner Brook Pulp & Paper Ltd, NLLPA, Unifor Local 60N, UBC

Local 579, Deer Lake Power, Harvesting Contractors Rep, and IAMAW. As you can see there is tremendous support behind the Association and it is available to you as a member.

In addition, as a member you are entitled to discounted rates for all safety training.

Bite Back Against Frostbite

With the winter months upon us it seems fitting to address a topic that affects everyone, from construction workers to men and women clearing their driveways. From ice fishing to racing toboggans. Something all people of Canada face, Frostbite. Our bodies work hard to keep internal organs and our head warm. But, toes, fingers, ears, and your nose are the areas most susceptible to frostbite. These areas are quick to become affected which is why it is very important to be able to notice the

signs to prevent harm to yourself or people under your care. Usually, when parts of your body get cold, they turn red and sting. Symptoms of frostbite, however, include a loss of feeling and lack of color. Extremely cold temperatures can cause hypothermia, which occurs when the body's internal temperature dips below 35 degrees Celsius. Warning signs include uncontrollable shivering, memory loss, disorientation, incoherence, slurred speech, drowsiness, and obvious exhaustion.

In Newfoundland, on the average winter day, frostbite can occur within 7-12 minutes on bare skin so to prevent Frostbite or Hypothermia it is important to keep internal body temperatures sustained around 37 degrees Celsius, turn on your car heaters, wear warm clothing, wear heat packs, and routinely find shelter from harsh winds. Keeping warm will ensure a safe and enjoyable winter season!

Adam Strangemore

“Don’t forget to submit your annual employer statements to WorkplaceNL before February 28 to be eligible for your PRIME refund”.

Message from the Executive Director

I would like to take this opportunity to wish you and yours a very Merry Christmas and a safe and prosperous New Year.

As we begin to get back into the swing of things after our time spent with family and friends it is important to remember that safety has to be first and foremost in everything we do. Taking short cuts and having the attitude, “it can’t happen to me” has been the downfall of many

workers in our province.

Statistics tell us that we injure 15 workers every 24 hour period in Newfoundland and Labrador. Some of these workers never get back to work again. This is totally unacceptable!

Take the time to do proper hazard assessments and ensure you are thinking about all hazards associated with any task. Make sure you

put the right hazard control in place to adequately mitigate the hazard.

I would also like to congratulate John Cassell from Horwood NL on winning the \$100.00 Canadian Tire gift card from FSANL. John completed the FSANL sawmill survey and returned it to the Lewisporte forestry district office for his chance to win. Congratulations John.

Firewood Factory Chainsaw Info Session

The Firewood Factory on Torbay Road in St. Johns will be the location of upcoming FSANL chainsaw information sessions. It is open to the public and there is no cost to attend. Drop by for a chat and a coffee and learn more about the safe use and mainte-

nance of a chainsaw. While you are there check out their selection of available firewood. They currently offer birch and black spruce in a variety of volumes at good prices. Contact them at (709) 769-3333 or email at info@firewoodfactorynl.com

Contact them for available dates and times. They are also on Facebook.



Now Offering Safety
Training Courses
Province Wide!!!

Programs offered on a continual basis!

Contact us to book your seat in the following courses.

Chainsaw Safety Awareness

Brush Saw Safety Awareness

Certificate of Recognition (COR)

Power Line Hazard

OHS Committee Training

Safety for Supervisors (2 day)

Lock out/tag out

Fall Protection (2 day)

Emergency, Standard, and Wilderness First Aid

ATV, UTV, & Snowmobile Training

Environmental Awareness

Transportation of Dangerous Goods

WHMIS 2015

Trenching and Excavating



Don't forget to wear the
proper safety equipment
for the job!



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