





STANDARD OPERATING PROCEDURES FOR SAFETY

MECHANIC SAFE WORK PRACTICE

<p>Avoid working from heights, fall restraint <u>MUST</u> be worn when working at heights 3m or greater and worker <u>MUST</u> be trained in the proper use of fall restraint.</p>		<p>Keep your eyes on the task/ watch for nip points.</p>
<p>Use proper lifting techniques while carrying heavy loads.</p>		<p>Use well ventilated area when making hoses or welding.</p>
<p>Operators should assist Mechanic were ever possible when working on equipment.</p>		<p>Never take chances, a small incident may become a big one.</p>
<p>Always wear appropriate <u>PPE</u></p>		<p>Ensure all electrical and hydraulic energy is <u>Locked out and Taged out</u> before working on machine.</p>
<p>Insure proper footing in oil/fuel situations, watch for <u>Slipping/Tripping Hazards</u>.</p>		<p>Avoid skin contact with used motor oil, refer to <u>MSDS</u>.</p>
<p>Always follow <u>SOPs</u> (standard operating procedures)</p>		<p>Ensure all first-aid supplies are readily accessible.</p>